Bold Coaching 1 on 1 deep dive sessions are coaching and professional development sessions designed to enhance **Performance**, **Leadership Capabilities,** and **Decision-Making Habits** amongst high performers.
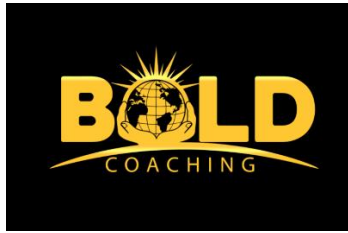
Every day, high-performing individuals are called to make important decisions that impact:

- Business Outcomes, Profitability & Results
- Process, Systems Management & Critical Thinking
- Leadership Capacity, Effective Communication & Ability to influence others

Whom we become is ultimately a product of the choices we make each day. Leaders make nearly 35,000 decisions per day, and research shows that this number increases with more responsibility. Bold Coaching uses a data-driven tool to track tendencies in an individual's decision-making process, which can affect performance metrics.

COACHING BENEFITS

- ✓ Increase Self-Awareness & Maximize Potential
- ✓ Clarity, Role Awareness & Structure of Action Plan
- ✓ Developing World Class Habits & Strategies for Self-Mastery
- ✓ Leadership Effectiveness & Building Thriving Relationships
- ✓ Improve Decision-Making Capacity in Pressure Situations
- ✓ Systems Management-Enhancing Time & Process
- ✓ Reduce Stress & Improve Mental & Emotional Health
- ✓ Overcoming subconscious programming
- ✓ Strategies for Intervention

WHAT: *BOLD COACHING EXECUTION WORKSHOP*

Bold Coaching Execution is an interactive workshop that engages participants to Self-Assess, gain a new perspective toward strengths and corresponding blind spots, as well as learn how to best communicate with others. Participants will walk away with greater clarity on how each individual's role uniquely contributes to the organization's mission and driven to bring about greater team results.

WHY:

According to fundamental DISC research, four personality types are present in any given organization. Each style has different communication and motivational triggers. Therefore, the productivity and engagement of each team member are dependent upon how often their preferred language or communication style is referenced and spoken to through the various components of the work. When these unique systems are absent, the following challenges will occur:

- Employee Turnover rates are high
- Disengaged Team and Workforce
- Role Confusion, Stress Culture & Burnout
- Conflict in Communication & Ineffective Leadership

WORKSHOP BENEFITS

✓ Increase Self-Awareness & Maximize Potential
✓ Clarity, Role Awareness & Structure of Each Personality Style
✓ Developing World Class Habits & Strategies for Self-Mastery
✓ Leadership Effectiveness & Building Thriving Relationships
✓ Improve Decision-Making Capacity in Pressure Situations
✓ Systems Management-Enhancing Time & Process
✓ Reduce Stress & Improve Mental & Emotional Health
✓ Overcoming subconscious programming
✓ Strategies for Intervention