



WHAT: BOLD COACHING DEEP-DIVE CONSULTATION

Bold Coaching Consultation Sessions are customized sessions designed to engage with clients on a foundational level by encouraging Self-Assessment. As a result, clients gain a new perspective toward strengths and corresponding blind spots, as well as learn how to best communicate with others by understanding preferred behaviors and communication styles. Clients will walk away with greater clarity on how to use their unique personality to execute any personal or professional goal set. Clients will also gain a better understanding of how they can authentically contribute to an organization's mission bringing about greater team results.

WHY:

According to fundamental DISC research, four personality types are present in every individual. Each style has different communication and motivational triggers. Therefore, the productivity and engagement of the individual is dependent upon how often their preferred language or communication style is referenced and spoken to. When these unique systems are absent, the following challenges occur:

- Strained Relationships
- High Employee Turnover
- Role Confusion, Stress Culture & Burnout
- Conflict in Communication & Ineffective Leadership

CLIENT BENEFITS

- ✓ Increase Self-Awareness & Maximize Potential
- ✓ Clarity, Role Awareness & Structure of Each Personality Style
- ✓ Developing World Class Habits & Strategies for Self-Mastery
- ✓ Leadership Effectiveness & Building Thriving Relationships
- ✓ Improve Decision-Making Capacity in Pressure Situations
- ✓ Reduce Stress & Improve Mental & Emotional Health